THE MEADOWS SWIM AND TENNIS CLUB

2020 RULES

AND REGULATIONS
### POOL HOURS

<table>
<thead>
<tr>
<th>Day of Week</th>
<th>Swim Lesson</th>
<th>Open</th>
<th>So</th>
<th>Family Swim</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>BLOCK A</td>
<td>12:00 – 5:30</td>
<td></td>
<td>5:30 – 8:00</td>
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<tr>
<td>Tuesday</td>
<td>10:15-10:45</td>
<td>CLOSED</td>
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<td>CLOSED</td>
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<tr>
<td>Wednesday</td>
<td>BLOCK B</td>
<td>12:00 –5:30</td>
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<td>5:30 – 8:00</td>
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<tr>
<td>Thursday</td>
<td>11:00-11:30</td>
<td>12:00 – 5:30</td>
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<td>5:30 – 8:00</td>
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<tr>
<td>Friday</td>
<td>MON-THUR</td>
<td>12:00 –5:30</td>
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<td>5:30 – 9:00</td>
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<td>Saturday</td>
<td>11:00 – 5:30</td>
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<td>5:30 – 9:00</td>
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<tr>
<td>Sunday</td>
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<td>5:30 – 9:00</td>
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<tr>
<td>Holidays</td>
<td>11:00 – 5:30</td>
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<td>5:30 – 9:00</td>
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</table>

**Note:** The main pool & junior pool will close at 6:00 pm for special events. Check the Club Calendar for dates and times of special events, family nights and adult nights. The pool will close at 4:00 on home swim meet nights. If no one is at the pool by 6:45pm, the pool will close unless you call to inform the manager you will be coming to the pool that evening.

**WEATHER:** The pool will close when inclement weather develops. Both the pool manager and one board member must make this decision. When thunder and/or lightening is present, everyone must exit the pool for a minimum of 20 minutes.

**FAMILY SWIM:** An adult must accompany family members under the age of 12 on the premises. Guard level is at a minimum during these periods. **Masks, fins, beach balls, soft floating objects, water toys, air mats and inner tubes** are permitted at the discretion of the pool manager and their use is subject to the crowd conditions.

**OPEN SWIM:** A responsible person, at least 16 years old must accompany children under the age of 12 (maximum of 3). **Play objects, flotation devices, etc. are not permitted during open swim for anyone over 5 years of age but will be allowed at the discretion of the manager (depending on occupancy of the pools).**

**ADULT NIGHT:** Reserved for members and guests over 21 years of age.

**FAMILY NIGHT:** Same rules apply as during Family Swim.

**SWIM TEAM:** Swim Team members are considered members of the Dolphin Swim Team with restrictions on use of the pool and grounds during swim team events and hours and do not have voting rights.
ADMITTANCE

MEMBERS: Member cards are on file at the front desk. All members must check in at the front office. Passes are not transferable. Waiver forms must be filled out and signed by a parent or guardian.

GUESTS: Guests must sign the Guest Registration each time they enter the premises. A guest fee must be paid. A Member must be present with guest. Waiver forms must be filled out and signed by a parent or guardian.

** The club is not responsible for any lost or stolen items **

GUEST POLICIES & FEES

Guests will be admitted only in the company of a member. Members may bring the same family as guests a maximum of 10 times during the season.

Daily Rate: Individual: $7/day at the door (Associate Member guest) $5/day at the door (Bond Member guest)

Children 2 and under are free

Guest Pass: $25 for 6 punches (Bond member) $35 for 6 punches (Associate member)

**GUEST PASSES WILL EXPIRE AT THE END OF THE POOL SEASON**

Summer house guest: $100 for the summer
$50 additional per summer house guest.

Nanny/Babysitter Pass: $100 for the summer. Regular guest fees apply for guests of the nanny/babysitter.

GENERAL RULES

The "BABY" pool is for children under 6. There is no lifeguard on duty. All children using this pool must be supervised by someone who is at least 16. Children MUST NOT be left unattended in the baby pool. Older children are not allowed to use the “BABY” pool during adult swim.

The "Junior" pool is for children under the age of 9 and others of low swimming ability.

Children under the age of 8 should be supervised in the changing rooms.

During adult swim (15 minutes every hour during open swim) children are NOT PERMITTED on the lower deck, in the main pool or junior pool and cannot sit on the edge of either of the pools. Adult swim is solely for members and guests age 18+ and pool employees on duty.

State Law requires that a shower must be taken immediately before entering the pool area.

Swimmers with long hair must secure their hair (male or female).
Only appropriate swim wear is allowed in the pool, **NO STREET CLOTHES**. A clean swim-shirt may be worn in the pool.

Shoes may NOT be worn in the pool.

**NO GLASS CONTAINERS ARE PERMITTED ON ANY POOL DECK OR SNACK DECK AREA.**

Smoking is permitted in the courtyard areas behind the fence.

**FOOD AND BEVERAGES ARE CONFINED TO THE SNACK BAR EATING AREA OR THE COURTYARDS. PLASTIC WATER BOTTLES OR PLASTIC CONTAINERS WITH A LID IS ALLOWED ON THE UPPER DECK ONLY (cans are not considered a container with a lid).**

While swimming in any pool, children under 6 and those of low swimming ability must be supervised by a parent or guardian.

The Pool Manager may enforce additional rules to ensure safe, sanitary, efficient and orderly use of the facilities.

**POOL BEHAVIOR**

- No diving off the side of the pool.
- No running or pushing is allowed in the deck areas.
- No chicken fights or shoulder rides are allowed in any pool.
- No pushing, dunking, horseplay or distractive splashing is allowed.
- Do not congest the ladder areas.
- No climbing on or playing under the guard chairs or other pool equipment.
- No gum is allowed in the pools or on the decks.
- All children who are not toilet trained must wear water proof diapers and changed immediately when necessary.
- Parents or guardians must supervise their children at all times.
- **No tennis or hard balls allowed in the pool.**
- No hanging on the rim of the basketball hoop.
- No jumping off the side of the pool onto OR into a flotation device.
DIVING BOARD RULES

- One person on the board at a time.
- No running off the board.
- Only one bounce off the board before each dive.
- No catching children off the diving board.
- Do not wait on the ladder while in line.
- Do not leave the board until the previous diver has reached the side of the pool.

  **No swimming in the diving area while boards are in use.**

- Exit the pool on the same side as the board you are using.
- Dive or jump straight off the board. Not to the side.
- All divers must be able to swim one length of the main pool before using the boards.
- No sitting, hanging, handstands or cartwheels off the board.
- All divers must leave the diving board from their feet.

PARTIES

The Meadows is a wonderful venue for birthday parties, graduation parties, family reunions, baseball, softball, soccer parties and more. Party dates may be requested anytime the pool is open with the exceptions of a pool sponsored event or swim team event. The number of parties allowed during any one day is left to the discretion of the board. All parties must be reserved with the PARTY CHAIRPERSON and “party reservation form” filled out. At the time of booking, the pool manager or PARTY CHAIRPERSON will collect the party request form and note the member who is hosting the party. Parties may be denied entry if no party form is received. For 50+ parties a deposit of 50% is required to reserve your date and must be received 5 business days prior to the party. For all parties, final payment and guest list is due the day of the party prior to the party starting unless other arrangements have been made. Payment arrangements for sport team parties where guests will pay upon entry will be by special request only. Large parties exceeding 50 guests will be assigned to the upper courtyard (hilltop area). Party forms with pricing are available in the office and on our website.

  **The board must approve parties of 50 people or more and for private parties.**

GRILL RULES

Please see the office to see if grills are reserved. When done, turn off the gas and clean the grill. Grill are not to be moved. This is a safety issue.
VIOLATIONS

ANY PERSON WHO VIOLATES ANY OF THESE RULES, REGULATIONS, OR THE DIRECTIONS OF THE GUARDS AND POOL MANAGER WILL BE SUBJECT TO A WARNING, FINE OR IMMEDIATE SUSPENSION AS DETERMINED BY THE MANAGER ON DUTY AND/OR BOARD MEMBERS.

Attention All Meadows Pool Members and Guests

It has been brought to the attention of the Board that too often the Managers or Guards are having to remind a small number of members that there is no food, open beverage containers or glass containers allowed by the pool or on the upper/lower deck. ALL food is to be consumed in the upper or lower courtyard, behind the fence.

ALL glass containers are to be transported to and from the parking lot to the courtyard in secure devices {such as a cooler} to avoid breakage on the deck surrounding the pool.

The Board has therefore decided that the first infraction/violation will result in a warning to the member. The second infraction/violation will result in a $25 fine. The third infraction/violation will result in a suspension for a day/week (determined by the board).

Please be advised these rules/regulations are set by the declarations of this pool and is a common practice among all pools and is a Health Department regulation.

Thank you for your cooperation

Bjs:2/2020